



Restorative Yoga & Acupuncture

A 2 hour meditative journey into bliss!

Join Lori and Connie, as they nourish your spirit, mind and body, through an evening of restorative yoga postures and acupuncture.

\$55

We are taking reservations
for our NEXT workshop on
Thursday, March 8th

NEW DATE FOR NEXT WORKSHOP

Thursday, March 8th 7:30 pm - 9:30 pm

**Consider this workshop, as a gift to
yourself, or a loved one!
You won't be disappointed!!!**